

## Packing Advice for MPF Domestic Participants:

1. You are strongly encouraged to scan (PDF) or photograph (JPG) your credit cards, all tickets, passport, and visa and then email them to yourself as a backup copy that lives in cyber space and available at any time/place.
2. Make and carry an “Emergency Card” with your medical conditions/allergies/emergency contact info (If you are traveling alone to MPF, please list camp director Laura Kerst 302.831.0039/540.0351 as your local MPF emergency contact)
3. How much money to bring? We would suggest \$100-\$300 for shopping and miscellaneous expenses, depending on your desire for souvenirs. Remember, if your luggage goes over the limit, you are likely to be charged.
4. Do not carry penknives or liquids in your hand luggage - you may not pass airport security. Cream and makeup can be sealed in a small plastic zip bag.
5. Clothes: Newark, Delaware and the areas of the east coast you will visit are on the same latitude as Beijing. However, in July and August, it can be very hot and humid. Indoor air condition is VERY cold on campus, so please bring some spring clothing to wear indoors!
6. Wear cool and comfortable walking shoes (waterproof them with silicone spray). There might be lots of walking in the U.S.! WEAR SHOES THAT YOU CAN WALK IN COMFORTABLY.
7. We will have a swimming party, so please feel free to pack your swimsuit.
8. Meals. All of the meals are covered by the MPF fee. If you are not living on campus, your daily breakfast is not covered.
9. Hair dryers are not available in the campus dorms. Clean sheets, blanket and pillows will be provided for those staying on campus (UD dorm).
10. Laptops are permissible, there are many Internet cafes in and out of the hotel. Some of our hotels will have free or cheap internet connections in your own room. MPF will also provide free wifi coverage 24-7 during the festival.
11. Medicine: Bring some for colds and headaches. Most people also bring some cough drops. Keeping cold and diarrhea medicine on you could be very helpful. Bring extra amounts of your prescription medication just in case you need to stay in the area longer due to an emergency.

12. Things to pack: your instrument, extra reed, extra strings, extra bow, rosin.
13. Other useful things to bring: sunscreen, a light sweater for evening excursions/indoors, umbrella for rain and sun.

**Have a great Trip and see you in the U.S.!**